COVID-19 CORONAVIRUS

Public Health Advisory

SYMPTOMS
- FEVER
- COUGH
- SHORTNESS OF BREATH

HOW IT SPREADS
- SYMPTOMS MAY SHOW UP 2-14 DAYS LATER
- THERE IS NO VACCINE YET
- CLOSE CONTACT WITH PEOPLE WHO ARE SICK

PREVENTION
- WASH HANDS WITH WATER AND SOAP/SANITIZER, AT LEAST 20 SECONDS
- AVOID CONTACT WITH SICK PEOPLE
- DON’T TOUCH EYES, NOSE OR MOUTH WITH UNWASHED HANDS

IF YOU ARE SICK
- STAY AT HOME
- AVOID CONTACT WITH OTHERS
- COVER YOUR NOSE AND MOUTH WHEN SNEEZING
- KEEP OBJECTS AND SURFACES CLEAN
- WEAR A MASK

If you have recently visited China and are exhibiting symptoms, phone your healthcare provider for instructions.

People should not be excluded from activities based on their race or country of origin.

TRAVEL ADVICE
- AVOID TRAVELLING TO AFFECTED AREAS UNLESS NECESSARY
- MAKE SURE YOU HAVE ALL NECESSARY VACCINATIONS AND TRAVEL MEDICATION
- SEEK ADVICE FROM YOUR HEALTHCARE PROVIDER
- DON’T TRAVEL IF YOU HAVE FEVER AND COUGH
- IF YOU BECOME SICK WHILE TRAVELLING SEEK MEDICAL CARE IMMEDIATELY

2/21/2020