



April 15, 2020

## **For Immediate release**

### **Miami County Public Health COVID-19 Update**

**Miami County** - Miami County Public Health is issuing an update on the COVID-19 in Miami County.

As of today, Wednesday, April 15, 2020, Miami County is reporting 125 positive COVID-19 cases and 21 deaths due to COVID-19, in Miami County. The case age range is less than 1 year old to 96 years old, with 73 females & 52 males.

Public health emergencies, such as the outbreak of coronavirus disease 2019 (COVID-19), are stressful times for people and communities. Fear and anxiety about a disease can lead to social stigma toward people, places, or things. For example, stigma and discrimination can occur when people associate a disease, such as COVID-19, with a population or nationality, even though not everyone in that population or from that region is specifically at risk for the disease. Stigma can also occur after a person has been released from COVID-19 quarantine even though they are not considered a risk for spreading the virus to others.

Stigma hurts everyone by creating fear or anger towards other people.

Stigma can affect the emotional or mental health of stigmatized groups and the communities they live in. Everyone can help stop stigma related to COVID-19 by knowing the facts and sharing them with others.

**1. Diseases can make anyone sick regardless of their race or ethnicity.**

Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

**2. For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low.**





Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more serious complications from COVID-19.

**3. Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.**

For up-to-date information, visit CDC's coronavirus disease situation summary page.  
<https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/summary.html>

**4. There are simple things you can do to help keep yourself and others healthy.**

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

**5. You can help stop COVID-19 by knowing the signs and symptoms:**

- Fever
- Cough
- Shortness of breath

MCPH is committed to keeping the community informed on the evolving COVID-19 situation and will continue to update the community on new and updated guidance.

###