

PARTICIPANT LOG SHEET

Participant Name: _____

Participant Email: _____

	Miles to Work		Miles at Lunch		Miles to Home		Miles in Evening		Daily Total
Monday, May 12, 2014		+		+		+		=	
Tuesday, May 13, 2014		+		+		+		=	
Wednesday, May 14, 2014		+		+		+		=	
Thursday, May 15, 2014		+		+		+		=	
Friday, May 16, 2014		+		+		+		=	

I attest that the information provided here reflects the miles ridden on a bicycle to and from work and during my lunch break and and during the evenings the week of Bike to Work Week, and that the information provided is true and accurate to the best of my knowledge.

Signature of Participant: _____

Date: _____